



QUICK GUIDE TO MEAL PLAN

If you're a catered student, MEAL PLAN provides you with food options Monday to Friday during term time.

You'll get two meal tokens every weekday on your unicard to use in all university cafes and canteens.

GREYNORE BOOK & BEAN

Day token (07:30-17:00) Use in this café 8:30-16:00 (15:30 on Fridays)

Evening token (17:00-19:15) Your closest evening canteen is Sprinters, Hillbrow

Evening menus are on our website eat.brighton.ac.uk/outlets

SELF-CATERED STUDENT?

You can buy MEAL PLAN for a term or for the year at unicard.brighton.ac.uk

Download the unicard payment app for iOS and Android. Search VMC in the app store. Organisation code: uobapp.

For more information, visit eat.brighton.ac.uk/meal-plan

GREYNORE BOOK & BEAN DAY TOKEN



Breakfast roll

Croissant/Danish

Porridge pot

Sausage roll or pastry slice

Pie or quiche

Pizza slice

Salad bar

Soup and a roll

Jacket Potato with 2 Toppings OR Hot Filling

Toastie

Any 2 Pots from the Home Made Grab & Go Range

Raynor's Sandwich (range AA, BB, B or CC)









Real Crisps

Cookie

Doughnut

Minipack biscuits



Tea

Filter Coffee

Water 500ml

Canned drink

Aqua Splash

Meal Plan Poster FULL SET indd 6 05/09/2019 1